

MOUNTAIN TO MIDDLEMARCH MOUNTAIN BIKE RIDE

ENTRY FORM

First Name: _____

Surname: _____

Gender: male/female (please circle) DOB: _____

Address: _____

E-mail: _____

Phone: _____ Mobile: _____

35km Recreational Bike \$40

Rider and bike returned to Rocklands Station \$10

Your entry includes a complimentary barbecue lunch.

Entries close 27/1/2016. No entries will be taken on the day.

To enter go to www.middlemarch.co.nz download and return completed entry form and payment to

Middlemarch Swimming Club

PO Box 5

Middlemarch.

Cheques payable to Middlemarch Swimming Club or internet bank

03-1725-0039345-00

Confirmation will be emailed to every rider upon receipt of entry form.

All proceeds of the event go to the Middlemarch Swimming Pool

Timetable

9:30 Registrations

10:00 Start

THE COURSE

The ride starts at the Rockland Station Covered Yards on the Old Dunstan Road (signposted from Clarkes Junction Hotel) and climbs a gravel road to the Logan burn. Then down the Burgan track to the Strath Taieri Valley floor. Along a short section of gravel road then along a farm track to the Big Rock and a sealed road section to finish at the Middlemarch Community Centre. More information on course available at www.middlemarch.co.nz.

No refunds if the event is cancelled. The organisers reserve the right to change anything at any time in the interest of safety, because of adverse weather conditions,

or unforeseen circumstances.

RULES

- Cycle Helmets must be worn at all time
- NZ Road rules apply at all times to all persons on all private or public roads during the event. **There are no road closures**
- Riders must not ride more than 2 abreast on Old Dunstan Road
- Riders must ride in single file if impending vehicle traffic behind you
- Riders must not deviate from obvious/marked track or attempt to take short cuts.
- Riders must know how to fix basic mechanical breakdowns (chain break and repair flat tyres). There will be Aid stations at the top and the bottom of the Burgan Track.
- Please do not leave rubbish along the route. All food wrappers, drink bottles etc must be carried to the finish line and not discarded anywhere along the route except at the Aid Stations.
- Riders are responsible for carrying enough food and fluid to last the duration of the ride. Fluid will be available at Aid Stations.
- All gates must be left as they are found.
- Bike checks will not be carried out. Please ensure your bike is of a high standard due to the nature of the terrain. If you are unsure if your bike is suitable for this terrain please get it checked by a bike shop. Riders should carry their own pump, chain repair kit and spare tubes.
- Due to the mountainous terrain of the course it is possible to have 4 seasons in 1 day so plan clothing accordingly. You will need to carry spare wet weather gear, thermals, a survival blanket, a whistle and a basic first aid kit. Random gear check will be carried out on the day.

WAIVER

In acceptance of my entry form, I do hereby myself, my heir, executors, administrators and assigners, release and forever discharge the organisers, the sponsors, landowners and all persons involved in the conduct of the Mountain to Middlemarch Mountain Bike Ride from all claims or actions whatsoever in any manner arising, out of my participation of this event. I attest and verify that I am fully aware of the risks involved with participation and that I have no physical or medical conditions which have the potential to put myself or other persons at risk and that I am sufficiently trained for the event. I agree to abide by the organisers' rules as outlined above and at the briefing and accept any decision or direction given by them. I allow organisers/sponsors to use my name and or photograph for promotional purposes. I do hereby understand that this course is on farm tracks and at times these tracks are of rough terrain with steep descents.

Signed: _____

Date: _____